

Life After High School



PRESENTED BY
ALAMEDA INTERNATIONAL
COUNSELING
DEPARTMENT

Counselors



- 7th Grade: Amanda Cook
- 8th Grade: De Allen
- 9th Grade: Dave Shoob
- 10th Grade: Tina Lonardo
- 11th and 12th Grades, Last Names A-L: Janet Acerra
- 11th and 12th Grades, Last Names M-Z: Maureen Mallory

Step 1: Graduate!



Jeffco Public Schools

HEAR – 4 Year Colleges

English	4 credits		English	4 credits
Humanities	3.5 credits		Humanities	3 credits
Math	3 credits		Math	4 credits
Science	3 credits		Science	3 credits
World Languages	0 credits*		World Languages	1 or 2 credits
Electives	8.5		Electives-academic	2 credits
Phys. Education	0.5			
Fine Arts	0.5			
TOTAL:	23 credits		*AIHS requires 2 years of World Lang for IB MYP	

You need 23 credits to PARTICIPATE in graduation ceremonies.

Step 2: Have a Plan!!!

What are you going to do AFTER High School?

Post-Secondary Options

- 4 Year College
- 2 Year College
- Vocational Training/Warren Tech
- Apprenticeship
- Military

“By 2020, 65% of all jobs will require postsecondary education and training beyond high school.”

— Georgetown University, ew.georgetown.edu/recovery2020

We are living in a self service world where technology is taking over unskilled jobs.

Senior Timeline



- Finish Testing – ACT/SAT
- Apply to College – by December
- Apply for Financial Aid – Oct. 1
- Scholarships
- Confirm choice by May 1

Apply, Complete Financial Aid, and Confirm



FALL

- Retake the ACT / Take the SAT
- Narrow College choices and APPLY!
- Apply for Free Federal Financial Aid/FAFSA (October 1st)

DECEMBER

- Complete college applications by DECEMBER 1 for best financial aid and scholarship opportunities.
- Apply for scholarships (deadlines vary)

JANUARY/FEBRUARY

- ASSET and Undocumented (DACA)

APRIL/MAY

- Compare financial aid packages, choose college

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ACT vs. SAT



Section	ACT “Know things and Do Things”	SAT More or a “Thinking Test”
	215 Questions / 175 Minutes <i>Average: 49 Seconds per Question</i>	154 Questions / 180 Minutes <i>Average: 70 Seconds per Question</i>
Reading:	4 Passages 40 Questions / 35 Minutes	5 Passages 52 Questions / 65 Minutes
English:	75 Questions / 45 Minutes	44 Questions / 35 Minutes
Math: *both include Trig.	60 Questions / 60 Minutes	58 Questions / 80 Minutes
Science:	40 Questions / 35 Minutes	N/A
Optional Essay:	40 Minutes	50 Minutes

SAT Test



- October 1, 2016
- November 5, 2016
- December 3, 2016

COST

\$45 – No Writing Test

\$57 – Includes the Writing exam

Fee Waivers (2 in a lifetime) for qualified free/reduced lunch.

****FREE SAT Test Prep:** Khan Academy online, booklets in Counseling, march2success.com

ACT Test



- October 22, 2016
- December 10, 2016

Register online at www.actstudent.org

COST

- \$39.50 – No Writing Test
- \$56.50 – Includes the Writing exam
- Fee Waivers (2 in a lifetime) for qualified free/reduced lunch.

****FREE ACT Test Prep:** ACT Online Prep, booklets in Counseling,
march2success.com

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Applying to College



- Applications are online, use “key words”
- Letter of Recommendation – Ask TEACHERS early!!
- Request transcript from Ms. Alverson in Counseling after you submit the application
- Application Fee Waivers
- ASSET for DACA students
- College Application Day- October 19



How To Apply

4 Year Universities

*Admission Requirements
(ACT score and GPA)*

- Adams State University
- Colorado Christian University
- Colorado College
- Colorado School of Mines
- Colorado State University
- Colorado State University–Pueblo
- Fort Lewis College
- Johnson & Wales University
- Colorado Mesa University
- Metropolitan State University of Denver
- Regis University
- United States Air Force Academy
- University of Colorado – Boulder
- University of Colorado – Colorado Springs
- University of Colorado – Denver
- University of Denver
- University of Northern Colorado
- Western State Colorado University

2 Year Colleges

ANYONE can attend

- Aims Community College
- Arapahoe Community College
- Colorado Mountain College
- CO Northwestern Community College
- Community College of Aurora
- Community College of Denver
- Front Range Community College
- Red Rocks Community College

Certificates /
Apprenticeships
1 semester +, Affordable

- Emily Griffith Opportunity School
- Warren Tech at Red Rocks Comm College

~~For Profit Schools~~

- Lincoln Tech
- ITT
- PIMA
- De Vry
- Westwoods

Use Resources!!



NAVIANCE

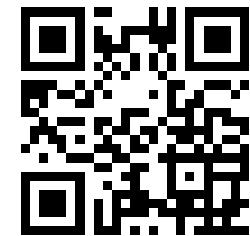


COUNSELING

Alameda International Jr. and Sr. High School

College Search Information for Applications

- HEAR Index
- Typical GPA/ACT/SAT
- Deadlines
- College visits
- Scholarships



AIHS College
Handbook

College Admission Index

GPA and ACT score - Guideline / no Guarantee - What is your index score?

		SAT	400	500	550	610	660	750	800	840	880	930	970	1010	1050	1080	1120	1160	1200
			490	540	600	680	740	790	830	870	920	960	1000	1040	1070	1110	1150	1190	1230
		ACT	<12	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
% H.S. Rank	H.S. GPA																		
0-1	0-1.3		45	47	49	51	53	55	57	59	61	63	65	68	70	72	74	76	78
2-3	1.4-1.5		49	51	53	55	57	59	61	63	65	67	69	72	74	76	78	80	82
4	1.6		51	53	55	57	59	61	63	65	67	69	71	74	76	78	80	82	84
5-6	1.7		52	54	56	58	60	62	64	66	68	70	72	75	77	79	81	83	85
7-8	1.8		54	56	58	60	62	64	66	68	70	72	74	77	79	81	83	85	87
9-10	1.9		56	58	60	62	64	66	68	70	72	74	76	79	81	83	85	87	89
11-12	2.0		58	60	62	64	66	68	70	72	74	76	78	81	83	85	87	89	91
13-15	2.1		60	62	64	66	68	70	72	74	76	78	80	83	85	87	89	91	93
16-18	2.2		61	63	65	67	69	71	73	75	77	79	81	84	86	88	90	92	94
19-22	2.3		63	65	67	69	71	73	75	77	79	81	83	86	88	90	92	94	96
23-26	2.4		65	67	69	71	73	75	77	79	81	83	85	88	90	92	94	96	98
27-30	2.5		67	69	71	73	75	77	79	81	83	85	87	90	92	94	96	98	100
31-34	2.6		69	71	73	75	77	79	81	83	85	87	89	92	94	96	98	100	102
35-38	2.7		70	72	74	76	78	80	82	84	86	88	90	93	95	97	99	101	103
39-43	2.8		72	74	76	78	80	82	84	86	88	90	92	95	97	99	101	103	105
44-48	2.9		74	76	78	80	82	84	86	88	90	92	94	97	99	101	103	105	107
49-52	3.0		76	78	80	82	84	86	88	90	92	94	96	99	101	103	105	107	109

CCHE INDEX SCORE FOR FIRST-TIME FRESHMEN

Institution	Fall 2013
Adams State University*	80
Colorado School of Mines	110
Colorado State University	101
Colorado State University – Pueblo	86
Fort Lewis College	92
Colorado Mesa University*	92
Metropolitan State University of Denver**	76
University of Colorado Boulder	103
University of Colorado Colorado Springs	92
University of Colorado Denver	93
University of Northern Colorado	94
Western State Colorado University	80
<i>*Applies to students admitted to four-year programs only;</i>	
<i>**Applies to admitted students 19 years of age and younger;</i>	

College Search



Inquire

- Stay in Colorado or go Out of State to school?
- Big school or small school?
- 2 Year Degree (Associates – Comm. College) or 4 Year Degree (Bachelors)?
- Public or Private?
- Programs/Majors/Degrees Offered?
- Cost?

Research

- College Visits in Counseling
- College Fairs
- College Tours
 - Check Admissions to set an appt. or visit days
 - Naviance College Search (admission requirements, virtual tours, etc.)

Researching Colleges



COLLEGE REP VISITS IN LIBRARY- sign up sheet in Counseling, announcements on PNN and Naviance

COLLEGE FAIRS

COLLEGE TOURS- check undergraduate admissions website to set an appt. or visit days

NAVIANCE- college search tool, virtual tours, messages from counseling

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Ways to Pay for College



1. Federal Financial Aid – awarded by the College/University

- **Grants:** financial aid that doesn't have to be repaid
- **Work Study:** a work program through which you earn money to help you pay for school
- **Loans:** borrowed money for college or career school; you must repay your loans, with interest

FINANCIAL AID

FREE APPLICATION - ALL STUDENTS SHOULD APPLY!!

FAFSA: Federal Student Aid - www.fafsa.ed.gov

Apply in October of Senior Year (you need a Social Security Number – your parents do not).

Example: Pell Grant (Family Income of < \$60,000)

- Student can receive up to \$5,700 per year
- Cost of tuition: full-time student at Red Rocks per year: approx. \$3,600

Financial Aid



College FAFSA Night – October 12, 2016
4-7pm in AIHS Library

- Financial Aid Expert will be here
- Complete Financial Aid applications(FAFSA) on-site
- Bring your 2015 Tax Returns
- EVERYONE should apply for Financial Aid
(FAFSA/Financial Aid is not GPA/test score based)

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FINANCIAL AID vs SCHOLARSHIPS



FINANCIAL AID

- Need-based (family income and size- grades don't matter)
- Federal \$ awarded by colleges you are admitted to
- Apply in Oct/Nov of 12th grade (after Oct 1st)
- Apply using FAFSA

SCHOLARSHIPS

- Merit-Based (grades, test scores, community service, etc)
- Awarded by colleges and private companies/ organizations
- Deadlines Vary
- Usually a separate application for each scholarship – often includes an essay

Scholarships



Scholarship Committees Look For:

- Academics – in general, 3.0 or higher
- Standardized Test Score (ACT)
- Character
- School Involvement
- **Community Service**
- Leadership

Merit Based

Financial Need:

- Family Income
- # of People in Family
- # of Children in College
- Apply Early! Colleges/Universities have \$\$ to offer

Need Based

Search Tools:

- Naviance (online) – **UPDATE YOUR EMAIL IN NAVIANCE!**
- College Scholarship Websites
- Local Scholarships
- Scholarship Searches

Register for In-State Tuition



College Opportunity Fund

Apply for COF for in-state tuition

<http://cof.college-assist.org/>

Plan Ahead



9 - Freshman Year: Plan for the Future

- Register for courses in academic areas required for College
- Do well Academically!
- Official High School Transcript begins
- Explore your extracurricular opportunities
 - Clubs, Sports, Volunteer services that match your interests

10 - Sophomore Year: Begin to Broaden your Experiences

- Do well Academically!
- Volunteer! Become involved and committed to a community service organization or project
- Explore career interests
- Attend college fairs, college workshops, visit campuses
- Meet with college representatives in Counseling office

Plan Ahead



11 - Junior Year: Test and Inquire

- Create a tentative list of colleges for consideration
- Meet with college reps in Counseling Office
- Attend college fairs and workshops
- Prepare for and take State ACT in April
- Visit College campuses
- Work over the summer and **volunteer**
- Search and prepare to apply for scholarships
- Retake ACT in June or September if needed
- On track to graduate/academic credits

Western Undergraduate Exchange (WUE)



- Students who are residents of WICHE states are eligible to request a ***reduced tuition rate of 150%*** of resident tuition at participating two- and four-year college programs outside of their home state.
- The WUE reduced tuition rate is ***not automatically awarded*** to all eligible candidates. Many institutions limit the number of new WUE awards each academic year, so apply early!
- WICHE members include: Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Utah, Washington, Wyoming, and the Commonwealth of the Northern Mariana Islands.

Example: University of Wyoming

In-State Tuition (WY residents): \$4,891

Out of State Tuition: \$15,631

WUE Tuition: \$6,731

Playing Sports in College



NCAA: Division I, Division II

- Register at www.eligibilitycenter.org
 - Apply in Spring of 11th grade
 - Academic Requirements – Courses, GPA , ACT
 - GPA **2.3** in **Academic** approved core courses
-
- **Get clear about what level of play to aspire to.** Talk with the coach to see if the plans are realistic.
 - **Attend summer sports camp at a college of interest.** The college coach will see the athlete play and the student can check out the feel of the campus.
 - **Register with the NCAA Eligibility Center.** Athletes who aspire to NCAA Division I or II colleges need to register; others don't. See [NCAA Eligibility Basics](#).
 - **Send letters of interest to colleges that are a good fit.** This should be done during the student's sophomore and junior years.



Questions?

